Dental First Aid

Following a Head or Mouth Injury:

- Calm the injured person.
- Check to determine the type of injury and refer to the Action Plan.
- If minor bleeding:
  Apply direct pressure with sterile gauze or clean cloth. If bleeding doesn't stop within ten minutes, contact parent and arrange to take child to the emergency room.
- If bleeding profusely:
  Contact parent and arrange for emergency services by an emergency squad or emergency room.

ACTION PLAN

1. Knocked Out Permanent (ADULT) Tooth (avulsed tooth)	• Find tooth, but do NOT handle it by the root (hold tooth by the crown). • If tooth is dirty, rinse gently with tap water—don't scrub or use antiseptic. • Attempt to gently replant tooth into the socket. Have the child hold in place with a tissue or gauze. If not possible to replant tooth, place tooth in HBSS* or if unavailable, a glass of cool skim or low-fat milk. If skim or low-fat is not available, use 2% or whole milk. • If milk is unavailable, place tooth in saline solution. If saline is unavailable, place tooth in saliva by spitting into a cup. • Place tooth in water only as a last resort. Tooth must not dry out!! • Contact parent and arrange to TAKE CHILD AND TOOTH TO DENTIST IMMEDIATELY. Replantation within 15-20 minutes is best.
2. Knocked Out Primary (BABY) Tooth	• Primary (baby) tooth should not be replanted. Contact parent and arrange to take child to dentist as soon as possible.
3. Loosened/Chipped Tooth/ Tooth Pushed Into Gums	• Gently clean the area with warm water. • Do not attempt to move tooth into correct position. • Contact parent and arrange to take child to dentist immediately.
4. Toothache	• Do not place aspirin on gum tissue of aching tooth (aspirin will burn tissue!) • Contact parent and arrange to take child to dentist as soon as possible.

Dental First Aid continued

ACTION PLAN

5. Injury To Lips, Tongue, Cheek	• Rinse affected area with warm water. • Place cold compress over area to minimize swelling. • If injury is due to a fall or if tooth is chipped, contact parent and arrange to take child to dentist immediately. (Foreign matter lodged in lip may cause infection.) Also, see #3 above.
6. Broken Or Dislocated Jaw	• Immobilize jaw by placing a scarf, necktie, or towel under the chin tying the ends on top of the head. • Contact parent and arrange to take child to emergency room immediately.

EMERGENCY TELEPHONE NUMBERS:
Arrange to have a dentist on call for weekend or evening emergencies.

Dentist
Doctor
Emergency Squad

***Only available in the Save-A-Tooth transport system (Smart Practice).**

Ohio Department of Health, Bureau of Oral Health Services (614) 466-4180